



Iowa Allergy, Asthma, & Immunology P.C.
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PATIENT INFORMATION

Patient Name _____ D.O.B. _____ Today's Date _____
 Reason for visit _____

What are your symptoms worsened by?

- Cats
- Dogs
- Trees
- Grass
- Mold
- Food
- Perfume
- Smoke
- Stress
- Colds / URI
- Weather/temperature changes
- Indoor
- Outdoor
- Work

Have you been tested for allergies before? Yes/ No
 Have you been on allergy shots before? Yes/ No
 If previous allergy shots, how long? _____

Medication Allergies: _____

 Food Allergies: _____

Please list any medications you have tried before:

Medication:	Did it help?
	Yes / No
	Yes / No
	Yes / No
	Yes / No
	Yes / No
	Yes / No
	Yes / No
	Yes / No

When do your symptoms occur?

- Spring
- Summer
- Fall
- Winter

Worst during: Sp Su Fa Wi

Please Turn Page Over

If you need additional space, please ask the receptionist for another piece of paper

Past Surgical History	Date

Preferred Pharmacy and Address: _____

Medications (All current medications)	Dose	Times Per Day

Family History

	Asthma	Seasonal Allergies	Other (example: Cancer, stroke, etc.)
Father	Yes / No	Yes / No	
Mother	Yes / No	Yes / No	
Brother	Yes / No	Yes / No	
Sister	Yes / No	Yes / No	
Paternal Grandparents	Yes / No	Yes / No	
Maternal Grandparents	Yes / No	Yes / No	

Please check box if family history is unknown

Past Medical History

Primary Care Provider: _____ Referring Provider: _____

<input type="checkbox"/> Seasonal Allergies	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Cancer
<input type="checkbox"/> Asthma	<input type="checkbox"/> Depression	<input type="checkbox"/> Kidney Disease
<input type="checkbox"/> Eczema	<input type="checkbox"/> GERD/Reflux	<input type="checkbox"/> Thyroid Disease
<input type="checkbox"/> COPD	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Liver disease
<input type="checkbox"/> Eosinophilic Esophagitis	<input type="checkbox"/> High blood pressure	Other: _____
<input type="checkbox"/> Recurring Ear infections	<input type="checkbox"/> Diabetes	_____
<input type="checkbox"/> Skin Allergies	<input type="checkbox"/> IBS	_____
<input type="checkbox"/> Food allergy/intolerance	<input type="checkbox"/> Crohn's/UC	_____

Tobacco History

<input type="checkbox"/> No Tobacco Exposure
<input type="checkbox"/> Exposed to second hand smoke
<input type="checkbox"/> Current Smoker _____ Pack/day x _____ Years
<input type="checkbox"/> Past smoker/Quit _____ Pack/day x _____ Years

Social Profile

Occupation	_____ Student / Full-Time / Part-Time / Unemployed			
Marital Status	Single	Married	Divorced	Widowed
Children	Yes / No		If yes, how many? _____	
Exposure to Chemicals	Yes / No		If yes, what? _____	
Alcohol use	Yes / No		_____ drinks per ____ day / week	
Exercise Level	Yes / No		_____ Times Per ____ Week / Month	
Recreational Drug Use	Yes / No Marijuana / Cocaine / Heroin / Meth / LSD / Other: _____			

Environmental Profile (Please Circle)

Animal Exposure: Are you exposed to animals? Yes / No

What type of animals? Cat(s) / Dog(s) / Other: _____

Do your pets have access to your bedroom? Yes / No

Type of Flooring: Hardwood flooring / Carpet / Other _____

Mold: Is there evidence of mold/mildew in the home/workplace? Yes / No

Housing type: House / Duplex / Apartment / Facility